



केन्द्रीय विद्यालय संगठन



केन्द्रीय विद्यालय संगठन (क्षेत्रीय कार्यालय)

K. Kamraja Road, Bengaluru - 560042

केन्द्रीय विद्यालय संगठन (क्षेत्रीय कार्यालय)

के. कामराज मार्ग, बंगलुरु - ५६००४२

Kendriya Vidyalaya Sangathan (Regional Office)

K. Kamraja Road, Bengaluru - 560042

(An Autonomous Body Under MOE, Government of India)

080-25543757 (DC)/ 080-25566360/ 25301227 (AC/AO)

Fax: 080-25578487/25514054

Website: www.kvbangalore.kvs.gov.in

Email: dcrobangalore@kvxedu.org/dcrobangalore@gmail.com

F.130350/KVS (BGR)/ 2022-23/Sports

Date: 07.07.2022
(only email)

All Principals
Under Bengaluru Region

Subject: Minutes of Regional Sports Control Board 2022-23 (for entry in Sports Portal & conduct of Regional Sports Meet for all the games):reg.

Madam/Sir

With reference to the subject cited above, the Minutes of Regional Sports Control Board Meeting (for entry in Sports Portal & conduct of Regional Sports Meet for all the games) held on 06th July 2022 at 11.00 AM & 2:30 PM at KV MEG & Centre is forwarded herewith for your kind information and necessary action please.

This issues with the approval of competent authority.

Yours faithfully

(P C RAJU)

Assistant Commissioner &
Member Secretary RSCB,



केन्द्रीय विद्यालय संगठन



ಕೆಂದ್ರಿಯಾ ವಿದ್ಯಾಲಯ ಸಂಘಟನೆ (ಕೇಂದ್ರೀಯ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆ)
 K. Kamraja Road, Bengaluru - 560042
 केन्द्रीय विद्यालय संगठन (केन्द्रीय कार्यालय)
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F.130350/KVS (BGR)/ 2022-23/Sports

Date: 07.07.2022

MINUTES OF REGIONAL SPORTS CONTROL BOARD HELD ON 06th JULY 2022 AT KV MEG & CENTRE

The Regional Sports Control Board meeting was held on 06th July at 11.00 AM and 2.30 pm at KV MEG & Centre.

The following Members attended the meeting: -

Sl. No.	Name of the Participants	Designation	Member/ Special Invitees
1	Shri. S Sambanna	Deputy Commissioner, KVS BENGALURU Region	Chairman
2	Shri. P C Raju	Assistant Commissioner, KVS, RO, Bengaluru	Member Secretary
3	Shri. Y G Patil	Assistant Commissioner, KVS, RO, Bengaluru	Special Invitee
4	Shri. Sheshagiri	Finance Officer, KVS RO Bengaluru(In Absentia)	Treasurer
5	Shri. C Valmiki	Principal, KV Hassan (In Absentia)	Member
6	All the Principals or I/C of Bengaluru city KV's		
7	All the TGT (P&HE) of Bengaluru Region		
8	PRT/TGT/PGT of those KV's where the TGT(P&HE) post is vacant		

Welcome Address:

The meeting commenced with invocation by the students of KV, MEG & Centre followed by lighting the lamp by Honorable Deputy Commissioner, Assistant Commissioners and Principals present for the meeting.

Welcome address was rendered by Shri. P C Raju, Assistant Commissioner, Member Secretary (RSCB) KVS, RO, Bengaluru. He welcomed Honourable Deputy Commissioner S. Sambanna, (Chairman RSCB), KVS, RO, Bengaluru and all other dignitaries who attended the meeting.

Key Note Address by Shri. S. Sambanna, Deputy Commissioner, Chairman RSCB, KVS, RO, Bengaluru:

Kendriya Vidyalaya Sangathan is known for the mental as well as physical development of the students. Physical development of the child is possible only if proper sports infrastructure is provided to the students, hence, every school should have Kho-Kho court, Kabaddi court, Volleyball court, Table Tennis, Chess, Carom Tennikoit, Rope skipping etc. facilities which does not require much space and can be developed easily in the Vidyalaya and it will keep the students occupied in the physical activities which is necessary after the pandemic situation.

The following Agenda Points were discussed and approved in the meeting:

S. No.	AGENDA POINTS	PROPOSED	Approved / Not Approved.
1	REGIONAL SPORTS MEET	It is proposed to conduct Regional Sports Meet on 22 nd to 24 th August 2022 and 26 th to 28 th August 2022. 22 nd to 24 th August 2022 – all games for boys and Athletics and swimming for girls 26 th to 28 th August 2022 – all games for girls and Athletics and swimming for boys	APPROVED
2	RELIEVING OF TEAMS AFTER THE REGIONAL MEET	Cricket U-14, 17 Boys will be from 22 nd to 26 th August 2022. The Venue Principals are directed to relieve the local teams along with the escort teachers immediately after completion of their matches and the outstation teams can be relieved based on their reservation schedule.	APPROVED
3	UPDATING THE SPORTS PORTAL	The sports portal to be updated and one copy of the same with Principals signature to be submitted at the venue KV of the game.	APPROVED
4	EVENTS & VENUES	List Enclosed	APPROVED
5	OFFICIALS	Officials should be hired from concerned state associations / affiliated clubs to conduct the regional sports meet. The remuneration should be as per the state association rates / not more than KVS Sports Modalities 2019. The rate should be obtained in writing from the Association / Affiliated Clubs.	APPROVED
6	SELECTORS	Selectors should be hired from Sports Authority of India (SAI)/ NIS qualified coaches (Diploma) / National / International players. The rate should be obtained in writing from the Association / Affiliated Clubs / KVS Sports Modalities 2019.	APPROVED
7	APPROVAL OF THE STANDARD TEAMS	Venue KV will constitute a committee – Venue Principal, senior teacher, Venue TGT P&HE, senior official/ selector and deputed TGT, P&HE. On the basis of that report, it will be decided whether to send the team for participation in KVS National or not.	APPROVED

8	EXPENDITURE TO BE BORNE BY KV : RSCB :	Kit, TA and travelling expenditure to the Regional meet venue KV. DA to the participants and escorts during the Regional Meet, Rent of court, ground, Honorarium to the officials and the vehicles hired from host KV to the venue of the Regional Meet ground, KVS National Meet Expenditure Those students who are representing the Vidyalaya should be given playing kit from the VVN of the concerned Vidyalaya following the KVS purchase procedure. U-14 & 17 Kabaddi will be played on the mat, hence, the team should be provided with Kabaddi shoes out of VVN of the concerned Vidyalaya.	APPROVED
9	T-SHIRTS & SHORTS	Those students who are representing the Vidyalaya should be given playing kit from the VVN of the concerned Vidyalaya following the KVS purchase procedure. U-14 & 17 Kabaddi will be played on the mat, hence, the team should be provided with Kabaddi shoes out of VVN of the concerned Vidyalaya.	APPROVED
10	AGE CATEGORY	List enclosed as per KV Sports Modalities 2019	APPROVED
11	COACHING CAMP	As U-14 team will be the winning team of the Vidyalaya, hence, the coaching camp will start immediately after the Regional Meet which will go on till the departure for KVS National Meet. U-14 teams which qualify for the KVS National Meet, the concerned coach will be on duty during coaching camp along with TGT (P&HE). The students who are selected to represent Bengaluru Region for U-17 teams will have coaching camp for 10 days prior to the date of departure for KVS National Meet. The dates for the same will be intimated later.	APPROVED
12	RESERVATION	The Principal, KV MG Railway Colony, along with Shri Dharamraj, PGT (Chem.), Shri Manoj, TGT (P&HE), KV KR Puram, Shri Shrinivas Murthy, TGT (P&HE), KV MG Railway Colony, Shri. Manohar, TGT, WE, KV RWF Yelahanka will book the tickets for the <i>to and fro</i> journey in 3-Tier AC with confirmed reservation.	APPROVED
13	DA FOR REGIONAL MEET	DA for students/ teachers/Officials/Grounds men will be borne by RSCB. An amount of Rs.400/- (boarding Rs.325/- and lodging charges Rs.75/-). The Rate of DA for Local Teams will be Rs. 275/- Per Student/ Teacher/ Official/ Grounds men per day during the meet.	APPROVED
14	FIRST AID	First Aid kit along with the Nurse should be available during the Regional Meet at the Play venue. Expenditure to be borne by the Venue KV. Mask has to be given to all the participants.	APPROVED
15	FACILITIES TO BE PROVIDED IN THE SPORTS DEPT.	Every KV of Bengaluru Region should be provided with a PC, net facility and printer to enable them to carry out the online entry for smooth conduct of Regional, National & SGFI Sports Meet 2022.	APPROVED

16	CONDUCTING CHESS MEET	Each Bangalore City Kendriya Vidyalaya must purchase 03 branded Chess clock/stopwatch, Chess Board and coins before Regional Meet 2022 and also they have to carry Clock/Stop watch, chess board and coins to the regional venue of the Regional Meet 2022.	APPROVED
17	NOC, MEDICAL & RISK CERTIFICATE	No Objection Certificate, Medical Certificate and Risk Certificate to be retained in the parent Vidyalaya.	APPROVED
18	DETAILS OF AGE GROUP	Age Group as on 31.12.2022 : U-14 = 01.01.2009 (on or after) U-15 = 01.01.2008 (on or after) U-17 = 01.01.2006 (on or after) U-19 = 01.01.2004 (on or after)	APPROVED
19	TEAM GAME MATCHES	To be played on league cum knock out basis, 3 points for winning team and zero points for losing team. In case of tie then one point to be allotted to each team.	APPROVED
20	ATHLETICS & SWIMMING	1 st and 2 nd position holders can be selected for the KVS National Meet subject to qualifying norms. Each participant can participate in 3 events excluding relay.	APPROVED
21	BADMINTON, TABLE TENNIS, TENNIS	Best four individual singles can be selected for KVS National Meet	APPROVED
22	RESULTS OF ALL GAMES	The results of all the games with details of timing, distance, performance, position etc. to be send to rscbangalore3@gmail.com on the day of conclusion of the meet.	APPROVED
23	CERTIFICATES FOR REGIONAL MEET	Principal KV MEG & Centre to procure certificates for the Regional Meet of Boys & Girls and make necessary arrangement to distribute to the venue KV's of the Regional Meet.	APPROVED
24	Any other points with the permission of the Deputy Commissioner & Chairman, RSCB		

CHECK LIST OF VARIOUS COMMITTEES FOR REGIONAL SPORTS MEET 2022-23

S.No.	NAME OF THE COMMITTEE	DUTIES OF THE COMMITTEE
1	STAY ARRANGEMENT	<ol style="list-style-type: none"> 1. Adequate number of mattress, bed sheets, pillows, bed spreads should be provided to participating students and teachers. 2. The bedding should be clean and hygienic. 3. It should be changed after boys/girls regional meet is concluded. 4. Mattresses should be arranged on dari or mat. 5. Furniture has to be removed from the class room which is allotted to the outstation participants and only 8-10 members to be accommodated in one room. 6. Footwear should be left outside before entering the room where accommodation is given.
2	DRINKING WATER ARRANGEMENT	<ol style="list-style-type: none"> 1. Clean RO (Pure) 20 litre water-can to be provided at dining area. 2. 20 Litre water-cans to be provided at playground / venue of the event. 3. Drinking water dispenser should also be provided in the rooms for the participants and it should be filled or replaced regularly.
3	BOARDING & LODGING ARRANGEMENT	<ol style="list-style-type: none"> 1. Fresh running water should be provided for bathing and in toilets. 2. All lights and fans should be functional. 3. Mosquito coils / repellents and emergency lights / candles & match box should be provided to participants. 4. The accommodation for the girls should be in the first floor or above. 5. Nylon ropes for drying clothes should be provided. 6. Sufficient buckets and mugs should be provided. 7. Rooms should have curtains for privacy of students specially girls. 8. Rooms allotted to the students should be kept clean by the cleaning staff.
4	FOOD ARRANGEMENT	<ol style="list-style-type: none"> 1. The menu mentioned below should be followed strictly and unlimited food should be provided. 2. The main meal should be served in buffet system. 3. The menu is for all players, escorts, coaches TGT (P&HE) and officials. It

		<p>should be the same menu to the players, escorts, coaches and officials.</p> <p>4. The day-wise menu should be displayed in the dining place.</p> <p style="text-align: center;">MENU ENCLOSED</p>
5	DISTRIBUTION OF CERTIFICATES	<p>No formal Opening / Closing Ceremony</p> <p>The distribution of certificates only to be done on the concluding day of the meet.</p> <p>The results of the Regional Meet and selected students list for KVS National Meet 2022 to be uploaded on the concluding day of the Regional Meet itself in the portal.</p>
6	RESULTS	
7	BENCHMARK	<p>For selecting the students for Athletics Swimming , the benchmark of Sports Modalities 2019 to be adhered to strictly otherwise action will be taken against the TGT (P&HE) & Principal of the respective Vidyalaya.</p>
8	YOGA	<p>All the KV's of Bengaluru Region should appoint a contractual yoga instructor apart from Sports coaches as per KVS letter.</p>

**THE FOLLOWING ARE THE TENTATIVE VENUES & EVENTS FOR REGIONAL MEET
2022-23 FOR – BOYS & GIRLS.**

S.N	EVENTS (B & G)	NAME	No. of Days	No. of Students
1	Athletics U-14,17,19 (B & G)	MEG & Centre	03	Each student can participate in 3 events other than Relay. 02 entry per event per vidyalaya
2	Boxing U-14, 17, 19 Boys & U-14, 17 Girls (Weight Cat).	MEG & Centre	01	01 in each weight Cat. (In each Age Group).
3	Archery (Indian Round) (Fita Round) U-14, 17, 19 (Boys & Girls)	Hebbal	01	4 in each event (in each age group)
4	Judo (Weight Cat.) (B& G)	Hebbal	01	01 in each weight Cat (in each Age Group).
5	Shooting,U-14,17,19 (B& G)	No 2 Belgavi	01	03 in each event (in each age group)
6	Lawn Tennis,U-14,17,19 (B& G)	DRDO	02	04 in each age group.
7	Skating,U-14,17,19 (Boys & Girls)	DRDO	02	A Skater can opt for 2 races out of 3 races in quad & 3 races out of 4 races in in-line event for inter school competition MAX OF 6 IN EACH AGE Cat.
8	Badminton, U- 14,17 19 (Boys & Girls)	DRDO	03	04 in each age group.
9	Basketball U-17 (Boys & Girls)	Malleswaram	02	12 in each team.
10	Yoga U-14,17 & 19 (Boys & Girls)	Malleswaram	02	05 in each Age group
11	Kabaddi U -17 as per weight (Boys & Girls)	No. 1 Jalahalli	03	12 in each team
12	Chess U-14,17,19 (Boys & Girls)	CRPF	03	03 in each age group.
13	Hockey U-17 (Boys & Girls)	IISc	03	16 in each team.
14	Hockey for U-15 Boys U-14 Girls	IISc	03	16 in team For Boys U -15 16 in team for Girls U-14
15	Basketball U- 14 (Boys & Girls)	AFS, Yelahanka	03	12 in each team.
16	Volleyball U-14,17 (Boys & Girls)	Hassan	02	12 in each team.
17	Cricket U-17 (Boys)	K R Puram	04	16 in each team.
18	Handball U-14, 17 (Boys & Girls)	NAL	03	16 in each team.
19	Swimming & Diving,U-14,17,19 (Boys & Girls)	ASC Centre	02	Each student can take part in 3 events other than Relay. 02 entry per event per Vidyalaya,
20	Kabaddi U -14 as per weight (Boys & Girls)	RWF Yelahanka	03	12 in each team
21	Cricket U-14 (Boys)	RWF Yelahanka	04	16 in each team
22	Taekwondo U-14, 17 & 19 (Weight Cat.) (Boys & Girls)	RWF Yelahanka	03	01 in each weight Cat (in each Age Group).
23	Table Tennis,U-14,17,19 (Boys & Girls)	MG Railway	02	04 in each age group.
24	Kho-Kho U-14 (Boys & Girls)	No-2 Jalahalli	03	12 in each team.
25	Kho-Kho U-17 (Boys & Girls)	ASC Centre	03	12 in each team.
26	Rope Skipping, U-14,17,19 (Boys & Girls)	No. 1 Hubballi	02	6 in each age group
27	Wrestling U-17 ,19 (Girls)			Venue will be decided after receiving the ENTRIES
28	Gymnastics(Floor Exercises) U-14,17 (Boys & Girls)			Venue will be decided after receiving the ENTRIES

MENU / FOOD CHART FOR REGIONAL / NATIONAL MEET /SGFI CAMP

S. NO.	ITEMS	ITEMS/MATERIALS & QUANTITY
1	Break-fast	<ol style="list-style-type: none"> 1. Milk-200 ml or more 2. Bread with butter & Jam 3. Idli & Vada with Sambhar / Chatni / Dalia / Poha (any one) Or Aloo Paratha & Curd or Puri + Sabji 4. Two pcs. of Bananas or one pcs. of Apple (100gm.) / Seasonal fruits or Eggs Boiled-02pcs. Or Sprouts or dry fruits
2	Lunch & Dinner	<ol style="list-style-type: none"> 1. Chapati (Tawa) / Poori 2. Plain Rice / Jeera Rice/Rice Pulav 3. Daal or Razma or Chhole (any one) 4. Mixed Veg (Seasonal Veg.)/ Kofta / Beson curry Paneer Veg. for Vegetarian and Eggs /Fish /Chicken/Mutton curry for non-veg. (Alternate days) <p align="center"><u>For lunch & Dinner it is Mandatory</u></p> <ol style="list-style-type: none"> 5. Salad & Pickle 6. Papad (Branded) 7. Curd / Rai ta 8. Sweet dish /Fruits Custard / Kheer/Fruits (any one)
3	Evening (Snacks & Juice)	<ol style="list-style-type: none"> 1. Juice-150-200 Ml. (Packed) 2. Snacks- Sandwich / Samosa / Aaloo Bonda / Patties = 02 or more (100-150 gm.)
4	Night (before sleep)	<p>Milk with flavor or sugar - 200-250 ml minimum or more</p> <p>Ice cream -50-60 ml (as per feasibility / weather)</p>

This issues with the approval of competent authority.



(P C RAJU)

Assistant Commissioner